



Ethics in Studies with Human Beings and Studies in Physical Education

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The historical and social changes taking place in the world and in Brazil end up being reflected in the direction of scientific research, this also occurs in the area of Physical Education, as in other areas of health. Such changes have made it necessary at a given time to supervise and regulate scientific research with human beings in order to protect the human being involved in research and to guide researchers on what is considered humanly ethical.

In Brazil, the system that regulates research with human beings is the Ethics and Research Committee / National Commission for Research Ethics (CEP / CONEP) system created by the 1988 resolution of the National Health Council (CNS). This system is based on several documents on human rights and scientific research, such as the Declaration of Helsinki, and has developed other documents for scientific research on human beings, such as resolution 196/961, resolution 466/122 and the operational standard 001/20133.

In 2012, resolution 196/96 was revised and began to consider research with human beings as "research that, individually or collectively, has as a participant the human being, in its totality or parts of it, and involves it directly or indirectly, including the handling of their biological data, information or materials, "which was ratified by resolution 466/2012. In this sense, it is understood that Brazilian research with human beings should be submitted to the appreciation of an Ethics Committee of the CEP / CONEP system.

The CEP / CONEP Ethics Committees are institutional bodies, formed by an interdisciplinary team, that receive the research documents established by the CNS

operational norms and evaluate the submitted research. The purpose of the CEPs is to analyze the protocols of biomedical research, in the aspects related to the research subjects, to the relevance and the relevance of the research. Protocols should be evaluated for effort, resources, and time spent. The CEP also has the mission to monitor the progress of projects⁴.

In order to carry out this evaluation, CEP / CONEP currently uses Plataforma Brasil, which is a national online basis. The Brazil Platform allows researchers to register their projects, curricula and research collaborators and, at the same time, follow the stages of ethical evaluation of their study. Also, it allows the inclusion of new documents requested by CEP members and / or adjustments regarding the ethical aspects of the research, ensuring not only the inspection role, but also the CEP's educational role.

Although there are resolutions and operational norms defining terms and characteristics inherent in human research, there is still a lack of consensus in the scientific community regarding the need to submit certain types of study to the CEP. Individual case reports, experience reports, studies conducted with online questionnaires, among others, are sometimes in aspects that are so different from studies with more traditional human beings, which justify the doubts of their authors.

The Brazilian Archives of Physical Education - ABEF adopts the posture of always considering ethical aspects in the first place, since research with human beings must be done for human beings, respecting them in their totality. Individual case reports arising from professional practice are unplanned situations, where there is no

previous project or objective, and it is not possible to obtain prior approval from the CEP. However, if more than three case reports are presented together, this already sets up a number of cases. In this situation, there is a need for approval by a Research Ethics Committee, because it is considered a publication resulting from a research project⁵.

Studies that have been carried out with medical records or information on the registration of persons in any organ or institution and which makes it impossible to obtain free informed consent, must present a Term of Faithful Depositary or the letter of justification to the CEP, stating in detail the impossibility of obtaining the consent of the participant and committing itself to the secrecy of the data and with the privacy of the participants, besides that the information can not be used for purposes other than those foreseen in the protocol².

It should also be clarified that studies conducted with questionnaires online or via social networks must at some point present the research participant with the possibility of using the information for scientific research purposes and guaranteeing their privacy. Researchers must be aware that, although the questionnaire is not conducted in face-to-face interviews but through digital means, it is possible and the researcher's responsibility to obtain the free and informed consent of his or her participant, and such a position demonstrates ethical awareness about data and research participants.

The importance and consideration given to participants in research on human beings is based on respect for human rights, the scientific community in general, and care for the protocol of the study itself. We can not forget that this consideration was due to the fight against attitudes and actions against human life that occurred in researches with human beings in the 1940s. Statements and bodies on human rights were considered in the construction of norms and institutions opening as the CEP system / CONEP. The importance of considering, supervising, educating, and limiting research actions with human beings was conquered and instituted through social struggles in defense of a more humane science for a more dignified world.

Thus, it is a great pleasure to publish the second issue of the year 2018 of the

Brazilian Archives of Physical Education - ABEF with articles of the most varied themes and Brazilian authors in the area of Physical Education and related that sought to maintain the ethical aspects advocated by the CEP / CONEP system . This issue has original studies, literature review, case study and documentary analysis.

The initial session of this journal seeks to bring summaries analyzed and approved in national and international events in order to disseminate among researchers certain research and initiatives that sometimes do not have space in scientific journals. In this way, researchers, professionals and students from different Universities and Colleges begin to divulge their studies and to know other researches in common. In this issue, the summaries were initially presented at the 9th International Conference on Sports Management - 9th GESPORTE, whose theme was "Marketing and Communication in Sport: Trends in Brazil and in the World", which took place on 8 and 9 November 2018, at the University of Brasília - UnB, in the Federal District / Brazil.

The International Conference on Sport Management has been held since 2008, an initiative of the GESPORTE Laboratory, coordinated by the professor of the University of Brasília - UnB, Dr. Paulo Henrique Azevêdo⁶. The event was attended by researchers and sports and marketing authorities in Brazil and in partnership with the Social Service of Commerce - SESC, the Regional Council of Physical Education of the 7th Region - CREF 7 and the Brazilian Archives of Physical Education - ABEF.

The session of original studies brings studies carried out in Brazil on the elderly, sports and sports marketing. The first study entitled "Third Age and Mental Health: Contributions of Psychology to Mental Health in the Happy Age Project" was held in the city of Cacoal, Rondônia, Brazil, by students and professors of the Faculty of Biomedical Sciences of Cacoal - FACIMED. The study is an experience report that shows the perception of the elderly about intervention with dynamics and conversation wheels. A similar study is found on page 55, "Profile of the Elderly Participants of the Most Living Group of the Social Service of Commerce (SESC) of the

Federal District, Brasília, Brazil", carried out by social workers from the Social Service of Commerce (SESC) Federal District, Brazil. This study aimed to describe the profile of the elderly attending in several units of the SESC and aspects related to the care, autonomy and perception of the elderly about their situation and possible vulnerability.

Sports articles deal with investments and financial resources in Brazil. The study "Analysis of the investments for the 2014 World Cup and the benefits generated by the population of the Federal District / Brasília / Brazil" carried out by professors and students of the University of Brasília - UnB, investigates the investments made for the Soccer World Cup, in 2014 and the benefits that these investments should bring to the realization of sports and sports infrastructure in the city of Brasília / Brazil. In the same line of reasoning, the authors of the School of Physical Education, Physiotherapy and Dance of the Federal University of Rio Grande do Sul - UFRGS identified the financial resources directed to the Sport of High Yield and, using figures and tables, described the application of these resources in the study "Mapping the financial resources used for the High Income Sport in Brazil".

In the Case Studies section, teachers at the Federal University of Pará - UFPA demonstrate the use of the Bertazzo Method for teaching gymnastics in the school context. The study describes a new way to systematize Physical Education classes considering the reality, the student, the gymnastic content and the didactic-pedagogical process from the perspective of the Physical Education teacher.

Finally, the documentary analysis entitled "Use of Information Technology for High Performance Sport Information Management" demonstrates the use of an information management tool for High Performance Sport and how this tool can help in the process of making of sports clubs, federal sports entities and coaches.

I hope you have a great reading !!!

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